

Course and laps

Challenge Barcelona Triatló

Current published totals, your lap cues and briefing questions.



Current published distances

Middle distance

SWIM

1,900 m

1 published laps

BIKE

88 km

Lap count: confirm

RUN

21.1 km

4 published laps

Olympic

SWIM

1,500 m

1 published laps

BIKE

40 km

5 published laps

RUN

10 km

2 published laps

Sprint

SWIM

750 m

1 published laps

BIKE

20 km

3 published laps

RUN

5 km

1 published laps

My entered format

My bike lap-count cue

My run lap-count cue

My last-lap exit cue

Do not infer identical lap lengths by dividing the total distance. Confirm linking sections, the final exit and any changed route with officials.

04 / YOUR REFERENCE CARD

Bring the right questions.

Challenge Barcelona Triatló

Published references are separate from your personal planning spaces.



Swim instructions confirmed at the briefing

Mount / dismount instructions checked

My course / lap questions

READ THE CURRENT COURSE

Official 2026 Middle map

www.google.com

Official Olympic map

www.google.com

Official Sprint map

www.google.com

Current programme - timetable pending

www.triathlon.barcelona

PUBLISHED CUTOFFS: CHECK YOUR FORMAT

01:10 elapsed / Middle swim + T1 allowance

07:40 elapsed / Middle total

04:00 elapsed / Olympic total

02:20 elapsed / Sprint total

Elapsed durations and fixed clock deadlines are different. Confirm the official timing basis for your format.

WHAT STILL NEEDS A CHECK

- The homepage's athlete guide points to a 2025 PDF. No 2025 deadline is carried into this 2026 hub.
- Middle bike text calls the layout three laps while describing two N-II loops plus linking travel. Exact lap-count instructions need the final guide.
- The Middle map's swim-layer description retains a 2025 name, although its displayed layer title says 2026. Only the clearly titled 2026 bike geometry is exported.
- Venue pins here come from the 2026 Middle map; their use for Olympic/Sprint must be confirmed with those layouts.

YOUR OFFICIAL SOURCE

Official event site: final athlete instructions and updates

www.triathlon.barcelona/es/

