

01 / YOUR PERSONAL FIELD CARD

# Race-day timeline

IRONMAN 70.3 Málaga

Your journey, your preparation margin, your own confirmed start.



## My confirmed allocation & personal journey

My format / wave

My confirmed start time

My bib collection appointment

My check-in / transition appointment

My confirmed briefing time

My target arrival

Where I leave from

Journey time (minutes)

Final walk (minutes)

Extra journey margin (minutes)

My calculated departure / preparation finish

### A personal calculation

Departure = target arrival minus journey, final walk and extra margin. A personal plan does not reserve check-in access or change an official deadline.

01 / YOUR REFERENCE CARD

# Check, then leave.

## IRONMAN 70.3 Málaga

Published references are separate from your personal planning spaces.



### Published event schedule

#### 16 OCT / 10:00-19:00

Athlete check-in and bib collection

#### 17 OCT / 13:00

Spanish briefing

#### 18 OCT / 08:40

Professional men start

#### 17 OCT / 09:00-14:00

Final athlete check-in window

#### 17 OCT / 14:00-19:00

Mandatory bike and blue/red bag check-in

#### 18 OCT / 08:45-09:30

Age-group rolling start

#### 17 OCT / 10:00-12:00

Organised swim practice

#### 18 OCT / 07:00-08:30

Race-morning transition access

#### 18 OCT / 15:20-19:00

Bike and blue/red bag collection

#### 17 OCT / 12:00

English briefing

#### 18 OCT / 07:00-09:30

White streetwear bag drop-off

#### 18 OCT / 19:00

Awards and slot allocation

Registration sold out on the current official race page.

### WHAT STILL NEEDS A CHECK

- Current schedule and venue map agree on Palmeral de las Sorpresas finish; older introductory text says Calle Larios.
- The guide briefing page calls the session Saturday 18th; the calendar and programme confirm Saturday 17 October.
- The guide repeats 08:55 in one rolling-start paragraph, while its schedule and current website say 08:45-09:30. Confirm the race-morning procedure at briefing.
- The official venue map has two swim-start markers in different layers. A single exact swim-start pin is not certified here.

### YOUR OFFICIAL SOURCE

#### Official event site: final athlete instructions and updates

[www.ironman.com/](http://www.ironman.com/)

