

Kit and transition

IRONMAN Calella-Barcelona

Your personal packing list, grouped by race stage.



Entry and documents

- ☐ Entry confirmation and my chosen format
- ☐ ID required by the current athlete guide
- ☐ Bib and organiser-supplied timing equipment

Swim

- ☐ Goggles
- ☐ Cap required or supplied by the organiser
- ☐ Race clothing
- ☐ Wetsuit, if allowed or required for my start (optional)
- ☐ Small towel, if I use one (optional)

After the race

- ☐ Bag, keys and dry clothing
- ☐ My equipment-collection requirements checked
- ☐ Agreed meeting point and contact

Bike

- ☐ Bike checked before travel
- ☐ Helmet and working fastening
- ☐ Bike shoes, if I use them (optional)
- ☐ My usual bottles and planned contents
- ☐ Repair kit I know how to use, if carried (optional)

Run and transition

- ☐ Running shoes
- ☐ Socks, if I use them (optional)
- ☐ Bib fastening I normally use
- ☐ My own place in transition identified
- ☐ Mount and dismount instructions checked

This is a personal packing list. Optional choices are not race rules; check equipment and facilities in the current athlete guide.

02 / YOUR REFERENCE CARD

Make the kit yours.

IRONMAN Calella-Barcelona

Published references are separate from your personal planning spaces.



My entered format / wave

The required ID I will bring

My wetsuit decision after confirmation

My extra kit

Save the 2026 guide and official schedule offline; attend a briefing for last-minute changes.

Pack the blue bike bag with your helmet and bib; number the bike, helmet and bags.

Plan a handoff for your pump after race-morning checks: it cannot stay in transition.

Agree a meeting place after the finish; supporters cannot cross the finish line with you.

Check the council's current road-access notice and resolve its parking-date errors before driving.

Bring photo ID, registration QR and a valid FETRI annual licence or the event's one-day licence.

Bike and bags go into transition on Saturday; the timing chip is issued at check-in exit.

No drafting. Read the 2026 guide's age-group passing and spacing rules.

Entry status needs reconfirmation: the current page contains an old 2025 entry banner.

WHAT STILL NEEDS A CHECK

- The web timetable labels one Saturday English briefing 12 AM; the 2026 guide confirms 12:00 noon.
- The guide specifies a 180 km bike course; the website says 180.2 km. Swim/run downloads on the course page retain 2025 filenames; they are not presented here as newly certified 2026 tracks.
- Exact registration and transition-entrance coordinates were not confirmed independently. The map shows AEMET's official Gran-Garbí beach reference point for area context; it does not identify a race entrance.

YOUR OFFICIAL SOURCE

Official event site: final athlete instructions and updates

www.ironman.com/

